

Exploring Human Emotion & Vulnerability through Indian Classical Dance

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What does it mean to be human?

flawed, emotional & vulnerable

Kathak



Sadness

Muskurahat by Arijit Singh

I am very sad, my smile is gone..
.. given my sadness, I'm waiting for
happiness to come...
all around me, I see sadness
..I'm trying to form my lips into a
smile but its subdued..

*slow, controlled, nuanced
movements to depict sorrow*



Love

“The conversations of the heart
beloved, keep them in your heart
I won't open my lips
I've said everything through my eyes
My beloved is saying something
I don't know what he's saying
My heart is swaying slowly
I don't know why it's swaying”

*happy, light-hearted, soft
movements*

Piyu Bole by Shreya Ghoshal



Love

Piyu Bole by Shreya Ghoshal

“I asked the river, where are you flowing in style?

Your beloved lives far, nimbly where are you going?

It was slightly worried and slightly shy

It jumped from here to there

The dream it had of meeting the ocean

Was just like my dream..”

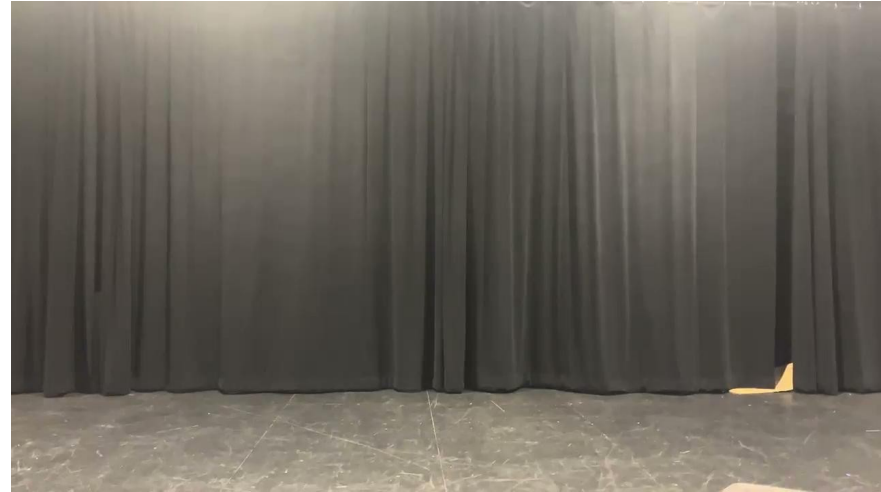
happy, light-hearted, soft movements



Anger

- *aggression depicted through sharp movements with emphasis on footwork and rounds*
- *traditional kathak 'bol' in the music*

Tandav by Pt. Birju Maharaj & Kumar Sharma



Beauty

- *external beauty through a woman adorning herself with jewels*
- *boldness by emphasis on payal (anklets) to show a woman taking up space, making noise and exuding confidence*

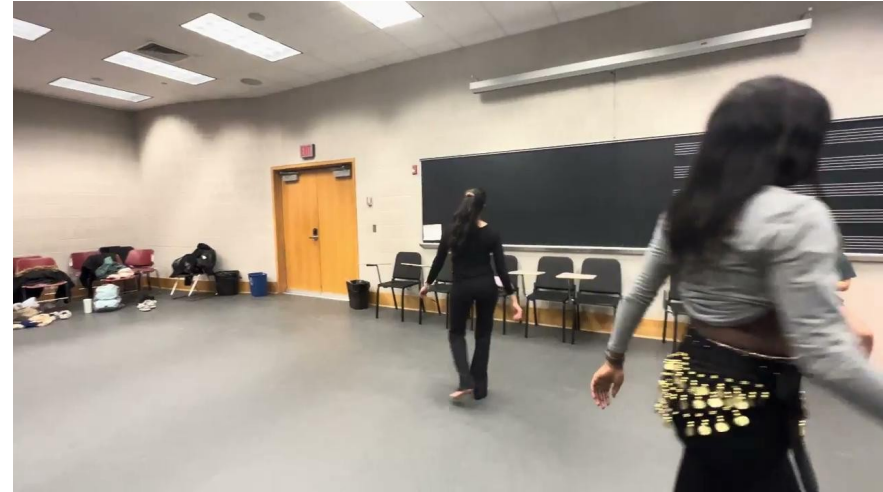
Payaliya Jhankaar by Abhijit Pohankar



Beauty

- *compassion depicted by soft movements*
- *electric beats in the music to show a modern woman of today*

Payaliya Jhankaar by Abhijit Pohankar



Gratitude

.. world around us is full of music, colors, & fragrance

wind is blowing, so many directions for us to take

...awakenings of the heart, dreams in my eyes

the flowers are blooming, the moon is hidden behind the clouds and is peeping at night..

in the morning, the sun is shining and light is falling on my ocean of dreams..

lyrical choreography exuding contentment and gratitude for the world around us

Breathless by Shankar Mahadev



Thank you!

It is our ability to emotionally connect and be vulnerable that makes us human & irreplaceable.