Experiencing a pandemic and protesting against social injustices has been overwhelming. Moving to remote learning and relocating states away to be with family, made me feel disconnected from my education. Although there were some communications from Lehigh in itself, communication from the program was limited. I think this made me feel as if I was no longer associated with the school, making me feel lost at times.

In the beginning of the pandemic, I took advantage of some extra time in my day to focus on school and be productive. However, this blurred the lines between work and regular life, leaving me overworked. Once I figured out a manageable schedule that put balance back in my day, I felt more productive.

My impression of the official response to the virus is mixed. At a larger national level, our current administration did not take the virus seriously in the beginning, and in my opinion that mismanagement contributed to the high infection and death rate. However, at the state and more local level, representatives were attempting to do what they could within their means to slow the spread of the virus. I was disappointed and angry in some news media outlets and leaders that tried to declare that COVID was a hoax.